

# AUGUST 2022

## St Francis Xavier Catholic School

### LUNCH



**Reduced Lunch: \$0.40**  
**Paid Lunch \$4.00**  
**Extra Main Entrée: \$1.00**  
**Milk (white or chocolate): \$0.50**



**August is National Panini Month!** A panini is a sandwich made on delicious Italian bread, loaded with meat, cheese and veggies and grilled to perfection. Experiment with different toppings to find your perfect panini!



#### MONDAY

#### TUESDAY

#### WEDNESDAY

#### THURSDAY

#### FRIDAY

1

2

**National Watermelon Day**

3

4

5

8

9

10

11

12

15

Soft Taco  
 Tomato Salsa  
 Refried Beans  
 Applesauce  
 Lettuce  
 Choice of Milk

16

Chicken Patty  
 Mashed Potatoes  
 Green Beans  
 Diced Peaches  
 Whole Wheat Roll  
 Choice of Milk

17

Cheeseburger  
 Whole wheat bun  
 Tomato/Lettuce  
 Fries  
 Clementines  
 Choice of Milk

18

Bean Tostada  
 Lettuce and Tomatoes  
 Corn  
 Grapes  
 Choice of Milk

19

22

Meatball Sub  
 Whole grain roll  
 Mixed Vegetables  
 Peaches  
 Choice of Milk

23

Ham & Cheese Sandwich  
 Chicken Noodle Soup  
 Baby Carrots  
 Mixed Fruit  
 Choice of Milk

24

**National Waffle Day**  
 Mini Waffles  
 Scrambled Eggs  
 Hashbrown  
 Fruit  
 Choice of Milk

25

Super Nachos  
 Refried Beans  
 Cheese  
 Lettuce  
 Fruit  
 Choice of Milk

26

Baked Potatoes  
 Broccoli w/ cheese sauce  
 Breadstick  
 Shredded Cheese  
 Banana  
 Baby Carrots  
 Choice of Milk

29

Pepperoni Pizza  
 Garden Salad  
 Cucumber Slices  
 Grapes  
 Choice of Milk

30

Taco Salad  
 Whole grain chips  
 Chuckwagon corn  
 Fruit  
 Choice of milk

31

Spaghetti w/ meat sauce  
 Whole grain roll  
 Green beans  
 Pear Halves  
 Choice of milk

**Menu items subject to change without notice**

**This institution is an equal opportunity provider**

