

SEPTEMBER 2023

St Francis Xavier Catholic School

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

DID YOU KNOW

The name September comes from the Latin septem, meaning seven, since it was the seventh month of the Roman calendar, which began with March. There are 30 days in the month of September, which starts on the same day of the week as December each year but does not end on the same day of the week as any other month in the year.

4

NO SCHOOL

5

Hamburger
WG Bun
WG Chips
Baked Beans
Fruit
Choice of Milk

6

Chili
Cinnamon Roll
Corn
Fruit
Choice of Milk

7

Chicken Nuggets
Fries
Side Salad
Fruit
Choice of Milk

8

Cheese Pizza
Garden Salad
Grape Tomatoes
Fruit
WG Cookie
Choice of Milk

11

Soft Tacos
Lettuce and Salsa
Refried Beans
Fruit
Choice of Milk
Text Here

12

Corn Dogs
French Fries
Baked Beans
Fruit
Choice of Milk

13

Ham and Cheese
Pinwheels
WG Chips
Baby Carrots
Fruit
Choice of Milk

14

Chicken Patty
Mashed Potatoes
Gravy
Green Beans
Fruit
Choice of Milk

15

Fish Sandwich
WG Chips
Baby Carrots
Fruit
Choice of Milk

18

National
Cheeseburger Day
Cheeseburger
Fries
Fruit
Choice of Milk

19

Baked Beef
Crispito
Refried Beans
Corn
Fruit
Choice of Milk

20

Spaghetti w/
Meat Sauce
Garlic Stick
Broccoli
Fruit
Choice of Milk

21

Biscuits and Gravy
Sausage Patty
Hashbrowns
Fruit
Choice of Milk

22

Potato or Tomato
Soup
Grilled Cheese
Baby Carrots
Fruit
Choice of Milk

25

Pepperoni Pizza
Garden Salad
Baby Carrots
WG Cookie
Fruit
Choice of Milk

26

Hot Dog
Chili
Shredded Cheese
French Fries
Fruit
Choice of Milk

27

Chicken Parmesan
Pasta w/ Marinara
Side Salad
Cucumbers
Fruit
Choice of Milk

28

Salisbury Steak
Mashed Potatoes
Green Beans
Fruit
Choice of Milk

29

Bean and Cheese
Burritos
Mexican Rice
Corn
Fruit
Choice of Milk

1

Fish Sticks
Mac & Cheese
Green Beans
Fruit
Choice of Milk

Lunch Info

Reduced Lunch:

\$0.40

Paid Lunch \$4.00

Extra Main Entrée:

\$1.00

Milk (white or
chocolate): \$0.50
WG=Whole Grain

All 9th-12th graders
are offered an extra
serving of Fruit or
Fruit Juice each
lunch.

Free and Reduced
Lunch Applications
are accepted
throughout the
entire school year.

We are an equal
opportunity
provider.

Any questions or
comments please
email: Karen
Girardot at
cafeteria@saintxram.org
or call the
school office.